

Newsletter w/e 24 March

## GOOD LUCK TO ALL OUR AUSSIE COMPETITORS.....GO QUEENSIE.

To stay updated on Queensie Competitors at Aussies please check out our social media pages on Facebook – Queenscliff Surf Life Saving Club  
Twitter account @queensieslsc,  
Instagram @goqueensie #goqueensie and don't forget the Website: [www.queensie.com](http://www.queensie.com).

**HELP NEEDED THIS WEEKEND ON PATROL 7....**  
**Due to the Aussies on this weekend and others unavailable to attend Sunday morning patrol will be short, they also need an IRB Crew person. Is anyone available to come down assist? Please email if you can assist Natalie Bayly on [nbayly@au.westfield.com](mailto:nbayly@au.westfield.com)**

**FIRST FRIDAY DRINKS....**Due to Aussies the First Friday Drinks will be held on the 11<sup>th</sup> April and not the 4<sup>th</sup> April

## Suit Up For Saxon... 12<sup>th</sup> April

After another long year the 5th annual Suit Up for Saxon is back to celebrate the life of Queenscliff's golden champion Saxon Bird.



cunninghams  
property





Suit Up for Saxon is an annual event that brings the friends and family of Saxon together to raise a glass and share memories about Saxon. As well as celebrate the success of the 2014 Swim for Saxon.

In conjunction with the Swim for Saxon, Saxon's family and friends would like to extend the invite this year to the rest of Queenscliff Surf Life Saving Club.

Time: 5:30pm - 10:30pm - please note: U18's are welcome until 6.30pm. After 6.30pm over 18's only.

Location: Top level Queenscliff SLSC

Entry: \$10 entry includes some finger food plus drinks at club prices (for additional information about other costings/packages please contact Mitch)

Music: one of the northern beaches most popular bands will be performing throughout the night

Dress: Formal

So SUIT UP at get down to the surf club on the 12th April, because this Suit Up for Saxon is going to be bigger and better than ever before.

For more information contact Mitch Daniel on 0400373867

**CLUB GENERAL MEETING** - Twenty five members attended the 3rd General Meeting of the season on Sunday 23 March (11am - 12.30pm).

There were presentations covering the club's goals, season highlights and suggestions for improvement next season. Subjects included Lifesaving, Social, Competition and Business matters in Nippers, Opens, Masters (in beach, water, craft, surfboat and IRB activities).



It was pleasing to see the level of engagement as evidenced by the number of great suggestions for how we can do things better next year.

Further details of the meeting can be found on the Queenscliff website at [www.queensie.com](http://www.queensie.com)

**CLUB SHOWER ROOMS** - Effective 19<sup>th</sup> March the doors to the Showers are locked. To gain access to these rooms after training, a surf or the gym you can purchase a wrist swipe for \$20 each or have your gym tag updated - note: gym tag update is for PAID gym members only. During Nipper Season the shower rooms will be deactivated from 8am until 11am to allow for Nippers to shower. Should you require a wrist swipe or have your gym tag updated please contact Carla in the office on Monday's, Tuesday's or Friday's 9am until 2.30pm or on [admin@queenscliffslsc.org.au](mailto:admin@queenscliffslsc.org.au)

**FEMALE MARCH PAST TEAM** - If you are keen on being part of a Queenscliff Female March Past for next season, could you please contact Suzanne Brown on [brownfamilybalgowlah@bigpond.com](mailto:brownfamilybalgowlah@bigpond.com) or 0407494689. Please note, you will need to be a financial member of the Club.

**CONGRATULATIONS....Gary Cook, one of the two coaches of the Queenscliff Surf Life Saving Club March Past Team** has been awarded the prestigious SLSA Presidents Medal for service to Surf Life Saving at club, state and national levels. Whilst Gary's first loyalty is to his home club, Newport, he and Ray Isaacs have spent the past five years as coaches of Queenscliff's march past team and have become very much honorary members of our club. All members will join with the march past in congratulating Gary on the well deserved honour. Well done Gary.



## EARTH HOUR

Earth Hour has a massive family-friendly event lined up for Manly, with a candlelight picnic, an open-air premiere screening of Earth Hour's Great Barrier Reef documentary, guest speakers, live music, food stalls and a creative media action on Manly Cove beach (where we will spell out a message with candles).

Please see below for the flyer and here is the [Facebook event!](#)

Earth Hour organisers are inviting members to come to the event and share your stories at our message writing stall, participate in the action, and bring a banner/poster to represent Queensie.

**EARTH HOUR | MANLY**

**LIGHTS OUT FOR THE REEF AND OUR CLIMATE**

**Saturday 29th March  
6pm-10pm  
Manly Council  
Chambers Forecourt**

Candlelight picnic, premiere screening of Great Barrier Reef documentary, guest speakers, live music, food stalls and more.

[www.earthhour.org.au](http://www.earthhour.org.au)

**aycc**  
Australian Youth Climate Coalition  
Printed on 100% post-consumer waste.

LIVE MUSIC From  
**Benjalu  
& Winston  
Surfshirt**

**60+**  
EARTH HOUR



## Surf Life Saving Australia (SLSA) – Personal Protective Equipment (PPE)

### Independent Testing

#### Introduction

SLSA will be continuing the Personal Protective Equipment (PPE) Project by assisting SAI global and James Cook University (JCU) undertake independent testing on the use of buoyancy aids (BA) for aquatic activities. SLSA has previously tested a range of personal floatation devices (PFDs), buoyancy aids and helmets in both a controlled salt water pool and ocean environments. SLSA has acquired a variety of new BA products to test for fit and purpose and are in the process of planning the next round of testing.

#### Independent Organizations

**VicLabs:** VicLabs is Australia's only NATA certified laboratory for the testing of personal floatation devices. NATA is the National Association of Testing Authorities and will carry out the preliminary laboratory testing of buoyancy aids before they are used by participants.

**SAI Global:** SAI Global will oversee the independent testing undertaken by both VicLabs and the practical application of BA products in the pool. SAI Global provides organizations around the world with information services and solutions for managing risk, achieving compliance and driving business improvement.

**James Cook University:** The Institute of Sport and Exercise Science (ISES) at JCU will undertake the pool testing of BA products. JCU's ISES is well known nationally and internationally for their consulting and research contributions in sport and exercise science. The testing protocol and procedures have been approved by JCU Human Research Ethics Sub-Committee.

#### Next round of testing

Volunteers are needed for BA product testing in April.

The next round of testing will take place in Sydney on the weekend of **12/13 April 2014**. This round will take place at:

- Andrew (Boy) Charlton saltwater pool on 12 Saturday (<http://www.abcpool.org/contact>)
- Prince Alfred Park freshwater pool on 13 Sunday (<http://princealfred.org/contact>)

Testing will be conducted from 8:30am - 5pm on both days. Volunteers will only be required for a block of time (approx. 4 hours) on each day.

To be eligible to participate, individuals need to be a current financial member of SLSA. Adults must be proficient with SRC or Bronze (Cert II). Junior members who have successfully completed their preliminary skills assessment are also eligible. Parental consent will be needed for participants under the age of 18. Volunteers will receive a **\$75 Westfield gift voucher for each day of participation**.

Please email Barbara Brighton, SLSA Research Assistant, at [bbrighton@slsa.asn.au](mailto:bbrighton@slsa.asn.au) if you are interested in participating or would like more information. We would also appreciate you passing on this request to other SLSA members who may be interested.

