

Newsletter w/c 22nd January 2018

THANK YOU TO ALL OUR VOLUNTEERS ON THE WEEKEND! The Carnival was a fabulous success.















Whats happening;

26th January - The Queensie Beach Big Bash (everyone welcome see details below) 2nd February - First Friday Night Drinks from 5PM

PATROL ROSTER

Patrol Gear Room, First Aid Room Showers: Showers and First Aid Room are for first aid treatment only please do not use the showers or store personal belongings.

The Patrol Gear room is only for Patrol items only. Your assistance in keeping these areas clean and tidy is appreciated.

Use the following links to keep on top of your patrols and hours:

Patrol Calendar

SLS A Members Portal

RESCUE BY PATROL 8 - Well Done to all for a successful rescue on Sunday 14th January.

three beans Coffee Cart Service

Each Sunday, bright and early, you can find the brilliant people from three beans set up and ready to wake you up at the ever so convenient location, upstairs in the club house - how good is that?!?!

CONGRATULATIONS TO OUR NIPPERS THAT COMPETED ON SUNDAY

JANUARY...

The Narrabeen carnival went off like clockwork.

We had 10 great little and not so little Nippers. It was a cool and blustery day. Lucky it was sand only as there was a very nasty shore dump that looked big from the beach so I imagine it was massive if you went out into it.

We had lots of help from parents and grandparents and or officials from our the senior ranks. Once again we had some awesome results.

The U9's flags was nail bitting. With the boys showing great team work by calling out to each other where the best flag for each of them was.

All through with a point scoring position. We had a great colour party with Luana Da Rocha showing us all how it's done. We had the rule book and tried hard to read and understand it. Rule; the marchers shall not take more than 9 paces in 4.7 metres which is about 15' 5" so perhaps it used to be 5 yards 6"!

Some of our U9's ran up to U11's sprint relay. U9's were cracking competitors mixing it up and getting point score in the sprint relay.

Big thanks for all the help and participation. Can't wait for the next one. Results: Colour Party; Kalan Griffiths, Eli Mork, Luna DRocha, Rory Edgerton, Tas Fullarton, Eli Mork. 9's flags; Kalan Griffith 5th, Eli Mork 3rd, Tas Fullarton 4th

Ull's sprint relay, Cooper Elkins, Max Elkins, Eli Mork, Leo Leiper 3rd u11's sprint 1st Cooper Elkins U9's 1k run Tas Fullarton 4th u9's sprints Eli Mork 5th, Kalan Griffiths 8th

U9's relay Kalan Griffiths, Eli Mork, Tas Fulllarton, Rory Edgerton 4th

U10's Luana Da Rocha sprints 5^{th} . GO TEAM Q



CONGRATULATIONS TO OUR BOATS, MASTERS and OPEN

COMPETITORS ON THE WEEKEND....

Great results and great Fun had by all at Queensie and Wanda.

The Queensie Beach Big Bash



Everyone Welcome!!

SURF LIFE SAVING LONG SERVICE AND PATROL SERVICE AWARDS..

Did you know that Surf Life Saving issues Long Service Awards for the following years of Service. The Club recently awarded a few of these to Long Service members at the AGM. If you qualify for 25, 30, 40, 50, 60, 70 and 75 years award please logon or create a SLSA portal account. Click here to find out how.

Surf Life Saving National Patrol Awards, SLSA also issue National Patrol Awards for 10, 15, 20 years patrol service. The Club is keen to recognise our members and would appreciate recognising our

Long Serving Patrol members. Please logon or create a SLSA portal account. Click here to find out how. You apply through your portal account.

QUEENSIE TRAINING DATES AND PROGRAMS 2017-18

Training Courses

IRB Crew

An IRB crew training course will be commencing on: Thursday 8th February 2018 at 6:30 pm at Queenscliff Surf club. This is to complete the theory component. (1 session only) Sunday 11th February 2018 at 7:30 am at Queenscliff Surf club. Training in the IRB. (4 – 6 sessions) If you are interested in attending please contact Garry Fox garry.fox@genos.com

First Aid - Updates and New awards (previously known as Senior First Aid) Note New date

Queenscliff is hosting a first aid course and refresher/update on;

Monday, 19 February 2018 at 6:00 pm Wednesday, 21 February 2018 at 6:00 pm

Venue: Queenscliff SLSC. If you require an update or wish to gain the award please contact Garry Fox

garry.fox@genos.com m 0412 146 493 or "Carla Thornton" <admin@gueenscliffslsc.org.au> p 02 9977 2326 SRC and

Bronze Medallion Information session

Sunday 4th February 2017 at 10:30 am

An information session for candidates who wish to obtain their Surf Life Saving Certificate or their Bronze Medallion will be held at Queenscliff SLSC on Sunday 4th February 2017 at 10:30 am.

At the meeting we will explain the training timetable and you will meet the trainers. For those who are unfamiliar with the courses it will take approximately 7-8 weeks of training ,usually one night a week and then

one session on either a Saturday or Sunday . You will be formally assessed on both the theory and the practical aspects of the course.

Surf Rescue Certificate (SRC) - Age of 13 to 15.

The SRC award is an introductory to surf life saving for teenagers from the age of 13 to 15.

A prerequisite before candidates can start any training in the Surf is the ability to complete a pool swim of 200m within 5 minutes. Must be at least 13 years old and financial members of the Club.

Bronze Medallion

The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations. This is the core award to be a surf lifesaver in Australia. A prerequisite before candidates can start any training in the Surf is the ability to complete a pool swim of 400m within 9 minutes. Must be at least 15 years old and financial members of the Club.

If you are interested in joining the squad or have friends who also wish to participate meet on Sunday 4 th February 2018 at the clubhouse.

If you have any queries please contact:

Garry Fox Chief Instructor Queenscliff Surf Life Saving Club garry.fox@genos.com 0412 146 493

Carla Thornton Admin Assistant Queenscliff Surf Life Saving Club Carla Thornton <admin@queenscliffslsc.org.au> 02 9977 2326

BEACH AND WATER TRAINING

Nippers, Cadets and Open training with our wonderful and skillful Coaches Click here for the training over the Summer holidays.

Click here for training Schedule

NEW AT THE UNIFORM SHOP!!

CHEEKI insulated 600ml bottles. Unbelievable price \$10 so get in quick to get your Queensie bottles, before they run out.

We have just received a New order of T-shirts.

Queensie hoodies, towels, hooded towels, zipped white shirts, swimming costumes, backpacks are available at the Queensie shop and could be great Christmas gifts.

Don't forget you can get your Sunscreen from the Shop as well. Pop into the Shop in the New Year.

WORD FROM ONE OF OUR SPONSORS...



We're happy to help! Visit us today

Manly, 02 8245 8210

www.communityfirst.com.au



MEMBERSHIPS NOW OVERDUE

All membership forms are now overdue, if you have not renewed you are not covered by insurance on the beach or at any training. Please click here to get all forms needed. Please return to office ASAP if the office is unattended please leave them in the drop box at the top of the stairs or alternatively email to Carla admin@queenscliffslsc.org.au



This season, Aussies 2018 competitors will head over the beautiful west side of Australia to Scarborough Beach in Perth, Western Australia from the 14th April until the 22nd April. Perth is an expensive trek when considering airfares, equipment logistics and accommodation.

Competitors are encouraged and urged to get involved with fundraising to help get to Perth.

Please contact Garry Farrar (0410 477 157 or garry@beache-s.com) or Col White (0412 903 070 or col.white@optusnet.com) for all fundraising efforts you would like to commence for your 2018 Aussies campaign.







 $Copyright @ 2018 \ Queens cliff Surf Life \ Saving \ Club, \ All \ rights \ reserved.$

Want to change how you receive these emails?

You can update your preferences or unsubscribe from this list.

