



Newsletter W/C 11th February 2019



Patrols this weekend:

**Saturday 16 February Morning – Patrol 12 Afternoon – Patrol 13
Sunday 17 February Morning – Patrol 14 Afternoon - Patrol 1**

What's happening;

Friday 22 February 6:30pm - Nipper State Briefing

Sunday 24 February - Nipper Club Champs

Friday 1st March 6PM - First Friday Drinks (all welcome)

Friday 5th April 6PM - First Friday Drinks (all welcome)



Congratulations to all our Competitors at Branch Championships over the last two weeks. Results below.

GO TEAM Q



JUNIOR LIFE SAVER OF THE YEAR

Congratulations to Marcus Rowe, one of the finalists for Sydney Northern Beaches Branch, Junior Life Saver of the Year. Marcus did Queenscliff proud representing the Club.

It was a rewarding experience for Marcus, he met some great kids from other Clubs, put together a proposal for a initiative to implement into the Club and experienced his first interview. Well done.



HOTEL STEYNE

PRESIDENT REPORT..

The momentum of our season continues unabated as we head toward the pointy end of the season in competition. The previous two weeks have seen Branch Championships for juniors and seniors at Palm Beach hosted by Avalon Beach. Some outstanding results all round. They will be recorded elsewhere in this newsletter. Several gold medals in both juniors and seniors. Training continues over the next few weeks for all competitors as we aim up for State Championships at Swansea, the juniors the first weekend in March followed by the seniors the following weekend.

This weekend is a normal weekend with usual nippers Sunday morning. However this Sunday we have a short nipper presentation at 8.45am. The Queenscliff Ladies Amateur Swimming Club has disbanded after many decades of swimming in the ocean pool. They have kindly donated \$1000 to Queensie which was used to purchase 2 brand new foam nipper boards. Robyn Davis from the swim club will present them to us.

Patrolling again continues successfully, I continue to offer thanks to you all for your contribution and hours. Without doubt our erstwhile "patrollies" are quiet the achievers of the club.

The Board has agreed upon and is implementing a revamped policy on the hiring of the clubhouse, it is being phased in. Your club gets many requests for functions and generally its on a first booked basis. We get many requests from charities to hold functions at no charge room hire and we always accommodate them where possible. One such event is tonight. We have given the Peter Daley room to Country Autism Network to launch their joint event with Surfers Healing Australia. This amazing group teach rural children with autism how to surf. We endeavour to always help the community where we can.

I was honoured to be asked to march with our illustrious March Past team last weekend at Branch. Club stalwart Jimmy Young had a fall and was a scratching. I rarely single out people or teams in my report however congratulations is due to the boys and Selma for gaining equal third for the entire season point score and winning the Graham Carlisle Trophy for handicap results. Yes, I know there is a pun there. The trophies are on display in the clubhouse above the bar.

I look forward to being around the club this weekend and if I have not met you yet please come and say g'day.

See you between the flags.

Ken

kenprior910@gmail.com

Branch Championship Results...

MASTERS

45-49 Male Surf Swim
3rd - Peter Nankervis

60-64 Male Surf Swim
2nd – Phil Bird

65-69 Male Surf Swim
2nd Neil Schafer

170 yrs Swim Teams – 3rd Queenscliff

60-64 Ironman
2nd - Phil Bird

150 Yrs Male Taplin
4th - Queenscliff

170 Yrs Male Taplin
5th - Queenscliff

40-44 Male Ski
4th – Chris Maker
5th Derek Pickering

45-49 Male Ski
5th – Adrian Halliday

50-54 Male Ski
2nd – Gary Whittaker
4th - Tim Hayes
5th – Andrew Townsend

130 Yrs Ski Relay
3rd – Queenscliff
(Pickering/halliday/Maker)

150 Yrs Ski Relay
4th – Queenscliff

40-44 Male Double Ski
1st – Queenscliff (Maker/Halliday)
2nd Queenscliff (Pickering/Whittaker)

50-54 Male Double Ski
2nd – Queenscliff (Townsend/Hayes)

60-64 Male Board
1st – Phil Bird
2nd – Peter Dean

70+ Male Board
3rd – Kevin Harris
150 Yrs Board Relay

5th – Queenscliff

170 Yrs Board Relay
1st – Queenscliff (Hayes/Bird/Dean)

1KM/2KM Run
55-59 Male – 4th Simon Dorahy
45-49 Female – 1st Selma Bainouti-Stensland

Beach Sprints
35-39 Male – 3rd Brian Hauville
50-54 Male – 1st Michael Gedz
50-54 Male – 2nd Brian Dolly
50-54 Male – 3rd Steve Hoy
55-59 Male – 1st Steve Nelson
55-59 Male – 2nd Simon Dorahy
55-59 Male – 5th ross Collins
70+ Male – 1st Bob Wilson
45-49 Female – 1st Selma Bainouti-Stensland
50-54 Female – 1st Suzanne Brown

200 Years Male Beach Relay
1st – Queensie A
(Nelosn/Gedz/Hoy/Dolly)
2nd – Queensie B
(Dorahy/Collins/Johnston/Haulville)

Beach Flags
50-54 Male – 1st Michael Gedz
50-54 Male – 2nd Brian Dolly
50-54 Male – 3rd Steve Hoy
55-59 Male – 1st Steve Nelson
55-59 Male - 3rd Simon Dorahy
55-59 Male – 4th Ross Collins
50-54 Female – 2nd Suzanne Brown

OPENS

U17 Champion Lifesaver
1st – Emily Thornton

U14-15 2 person RnR
4th – Queensie (Heard/Gee)

U17 5 Person RnR
1st – Queensie
(McGirr/Hickey/Way/Lovett/Thornton)
Opens 5 Person RnR
3rd - 1st – Queensie
(McGirr/Hickey/Way/Lovett/Thornton)

Nipper Results in report below.



MESSAGE FROM THE CHIEF TRAINING OFFICER..

The first half of the season has been a great success with our new SRC and Bronze members starting their new patrols. A big thank you to all our dedicated Trainers, who without their time and knowledge, we would not have the amazing competent members patrolling our beach. Thank you.

If you are interested in doing any additional courses please contact Kerry directly on chief.instructor@queenscliffslsc.org.au

Kerry Seipelt
Chief Training Officer



NIPPERS

MISSING WATER SAFETY RASHIES

If you have any Queensie Water safety Rashie please return to the office. We are short and will not be able to get delivery of any new ones until winter.

NIPPER BRANCH CARNIVAL WRAP

What a turn out to branch carnival, congratulations to all the nippers and parents and siblings who all pitched in with being officials, water safety and age managers. Our nippers cannot compete without your help—a thousand thank-you's.

First and fore-mostly thank-you Andrew Townsend for being such a calm, competent and efficient competition manager – this could not be done without you.

A very big thank you to Trudy Rebbeck and Joe Prelc, for all their work around managing the board sessions.

Thanks to Scott Walker, Kerry Seipelt and Genie Graham-Smith for taking so many boards to scrutineering.

Secondly—watch the utube video put together by Shona and Anthony to see your kids in action in the water..

It is seriously awesome.

<https://youtu.be/ulQ9xFJuo88>



THANK YOU OFFICIALS

Thank-you to our officials who not only completed the course BUT stood for hours either at branch beach or water taking photo finishes and names of nippers down. Thanks to: Andrew Townsend, Catherine Quailey, Gus Seebeck, Robyn Holt, Chris Shaw, Matt Rowe, Simon Ormond, Jayson Boyd, Sam Cuschieri, Brian Dolly, Shona and Anthony Rose and Justine Jarvinen.

THANK YOU WATER SAFETY

Water safety often go unnoticed because they are out the back quietly and competently watching our nippers and keeping them safe. We thank-you for taking care of our nippers - Sam Kitchen IRB Driver, Georgie Ferreira IRB Crew, David Heard, Nicholas Townsend (U16) Bronze Holder, Zoe Prelc (U16) Bronze holder, Rob Silver, Chris Shaw, Matt Rowe.

In this branch carnival conditions were challenging. In particular we'd like to mention Zoe Prelc and Nicholas Townsend who competently managed water safety on the board in the U13/14 area. They are only 2 years older than the kids who were competing. We had 2 Queensie nippers rescued in the U13/14 area – with Zoe and Nick calmly helping them onto boards, signaling IRB and jet ski and knowing they were taken safely to shore. Whilst

communications back to the beach were not ideal—Andrew T has followed up to make sure that in the future communication is improved—a great outcome.

David, Rob, Chris and Matt came in with smiles –even if it took them a bit longer than they thought to get out the back--- well done guys!!

U9 WRAP by Trudy Rebbeck and Rob Silver

The U9's rocked branch beach carnival with some amazing results. What a dynamic cohesive team—well done to:

U9s Nipper Nats

The nipper nats was a big event with over 900 registrants overall and competitors from all over Sydney as well as some from out of Sydney and interstate.

U9 Dory Trebulova kicked off with a 6th Place in the 1K run!

Great effort by Ethan Ormond to make the sprint finals!

Mac Seebeck made the Swim finals!

There was a large field for the U9 boys board races with heats, semi-finals then finals. Queenscliff had 3 finalists more than any other club! Ethan, Luke and Will put in a great effort with Luke coming in highest at 8th overall.

In board relays we entered 2 U9 teams with one coming in 6th place overall.

Some other callouts from Nipper Nats - a few huge performances:

Ethan competed in sprint heats, sprint finals, relay heats, relay finals, swim heats, board heats, board semi-finals, board finals, board relay!

Mac competed in sprint heats, relay heats, relay finals, swim heats, swim finals, board heats, board relay!

Chloe's first ever carnival where she competed in sprints, flags and came in the top half of the swim group.

Jessie Silver completed in sprint heats, flags, swim, board heats and board relay. Jessie missed out on the finals by one place.

Will Bustos also put in a big day with sprints, flags, swim, boards (heats, semi-finals and finals) and board relay.

U9s Branch Beach Carnival

It was a sweltering hot day at branch beach carnival and a fantastic amount of commitment shown by all competitors.

Luke Silver and Jessie Silver both got a 4th place in the boys and girls 1Km run (its as though their twins!).

Hanna Holmkvist decided to mark her first ever beach carnival by winning a **GOLD** in flags! Awesome effort in a tough field.

In girls flags we also had some other great performances - with Jessie making the finals and Georgie B going through many rounds to be knocked out in the last one before the finals. Chloe, Ethan, Will and Mac also put in a gallant effort in flags.

In sprints the heat started to take its toll - Hanna put in a gallant effort but missed out on

finals placings after putting so much energy in flags.

Jake Quailey put in a brilliant effort in sprints, making the finals and then running his heart out to get a **4th place overall** just missing out on a medal.

Jake then backed up in the sweltering conditions to run with Ethan, Luke and Mac to get a **Bronze** in the sprint relays.

It was great to see enough U9 girls to put a sprint relay team together. Chloe, Jessie, Georgie B and Hanna put in a great effort in hot conditions. They made the finals but unfortunately got DQ'd in the finals to miss out on a potential placing.

Boys and girls alike then backed up yet again to run in the U9 mixed relay.

- Jake Quailey 6th sprint
- Jake, Luke, Mac and Ethan- 4th sprint relay
- Luke and Jessie Silver 4th 1km run
- Hanna Holmkvist 1st U9 beach flags
- Mac, Ethan, Chloe, Jessie—6th mixed relay

U9s Branch Water Carnival

We had a decent swell running for this event so all competitors showed great courage competing.

In the U9 swim Mac Seebeck came in a very respectable **13th place overall!**

It was also great to see Will, Ethan, Tom, Chloe and Jessie and an unexpected surprise Jake our beach star all put in a great effort to complete the U9 swim in big surf.

In the U9 boards it was great to see so many competitors with Ethan, Will, Luke, Tom, Mac, Jessie and Jake all going around.

In U9 boards there were three finalists. Will and Luke in boys and Jessie in the girls. Great effort by Will to knock Luke off his perch and take the top placing out of our boys coming in **8th place overall** in board finals!

Then in the board relays we had two teams enter with Ethan, Will and Luke getting a **6th place overall** to score points for the club.

Great to see so many U9 competitors - in particular big shout out for Jake who is a beach star showing courage in competing in both swim and boards for the first time ever. And also great to have 2 U9 girls competing in water with Jessie and Chloe and putting in a great effort.

U10 WRAP by Trudy Rebbeck

The mighty U10s at branch beach performed with courage and speed. Congratulations:

- Eli Mork 5th U10 male sprint
- Ally Rowsley 1st – GOLD beach sprint
- Lucy, Niamh, Ally and Sofia 5th girls relay

Niamh and Connor represented the U10's in the march past to come 3rd overall and 1st in the handicap!!

Backing up at branch water were Eli, Dominic and Ally. Congrats Eli and Dominic- 2nd place—SILVER in team swim, an awesome effort. Ally the only U10 girl to represent team Q in water did so with amazing courage and skills--- competing in swim and board. well done Ally.

U11 WRAP by Trudy Rebbeck

The U11's have come of age in 2019. In the sand at Narrabeen the talented Luana da Rocha coming 4th in the sprint and 2nd in the flags. Queensie was represented by Ella, Luana, and Ashe, with Luana and Ashe competing in the all age for the U11's.

In March past, the U11's were represented by Sam, Luana, Bronte and Milla with Ashe and Ella backing up – ready for next year. Guy watched on with his broken foot but was still awarded a medal for his contribution. The team got 3rd place and 1st in the handicap— Congrats team!!

Bronte and Milla then competed R and R the next week—coming an incredible 4th place!! IN the WATER the team was represented by Bronte, Milla, Jemima, Sam, Ashe, Guy, Gabriel and Lachie.. What a team. In challenging conditions Ashe and Lachie fronted up for ironman- with Ashe continuing and finishing the grueling event.

ON Boards- the trio of Guys, Sam and Ashe finished 5th in board relay—congrats boys. The swim team comprised Guy, Sam and Ashe made up with an old Q mate from Curl Curl—they came out all smiles. We put in 3 board relay teams for the first time- Guy/Sam who narrowly missed out on 4th place, Ashe/Gabirel and Milla/Jemima. They all had so much fun—board rescue is what surf lifesaving is all about—well done kids!!
BRING ON STATE!

U12 WRAP by Marcus Bolton and Shona Rose

ON the BEACH - North Narrabeen Branch Beach Carnival – 3/2/2019

The Mighty U12's were well represented at Branch. Lining up for Flag, Sprints, All Age and Age Relay and including the March Past. Sophia Gee, Hamish Rose and Toby Bustos marched with precision, to push the March Past Team into Medal contention. Congrats to Cooper Elkins for his Gold Medal in the Flags and the Sprints! Also, the sterling Silver effort to the Flying Quartet of Alex Bolton, Cooper Elkins, Leo Leiper & Reid Shaw in the Age Relay, just getting pipped at the post by Manly!! Awesome effort! Zach Rowlands courageous 4th in Flags, withdrawing afterwards with recurring injuring. His massage assistant (his mum) hopes to have him ready for state. Our Viking Warrior, Karl Holmkvist has now had a taste of foreign sand and will be raiding our shores next season. Great effort!

You had 2 of the proudest Age Managers on the sand in Marcus & Matt.

IN the WATER - Water Branch carnival was a big one for the Under 12's. A team who have competed together for a while and the camaraderie is strong!

Huge conditions at the north of the beach made it a brave ask of the kids. Boards were flying everywhere, kids were in tears but our guys were smiling and supporting each other through it all in true Queensie Nipper style. Toby Bustos pulled out his best carnival yet coming 2nd in his board heat by 2 steps, & 8th in semi. He competed In Ironman, swim, u12 board relay 7th & all age relay as well as teaming with Hamish in the board rescue. A new event for the boys where they raced alongside fellow clubbies Reid and Will. They all

mastered the rules and techniques brilliantly for a first attempt and we are sure to see them climbing the ranks in future meets.

Will Farrar performed brilliantly in the boards making it through to the semi- finals and teaming up with Toby & Reid for the relay where they fought through to place 7th. Awesome achievement boys. Reid a classy competitor made 5th in his board heat, battled the semi's missing out on the finals by one place. Another great effort in the swim and the Iron Man - this boy never stops. A solid competitor for Queensie. Hamish Rose, the loudest supporter on the beach with the very best commentary. A passionate Queensie kid struggled through the swim but made it out the other end with a huge smile on his face. Racing with Toby in the Board Rescue found a new love at carnivals. Rescue is his new favourite event. Bronte our solo girl competitor in the U12's. Bronte is courageous as she is delightful. She battled the swim, and carried the flag for the club once again. Rafferty had a great day in the water making it thought to the Semis in the boards and putting in a huge effort in the swim. Great to see him out there with the u12's - an amazing addition to the team!

U13 WRAP by Rob Graham Smith

The U13's at branch beach were represented by Jemima, Charlotte and Chloe. Chloe part of the March past team brought in bronze and gold, while both Jemima and Charlotte represented Q in the all age—well done girls!!

At branch water (palm Beach), with a small team of three (Ella, Charlotte and Chloe) competing, and some challenging conditions, the girls did themselves proud on Saturday. Chloe and Charlotte put in gutsy efforts in the two all age relay teams and despite being chased by down by some under 14s from other teams (on the much faster long boards) both caught big sets in to complete the leg and tag the 14s. Charlotte and Ella showed a lot of character in taking on the conditions in the surf swim race facing a massive side drag and some big surf – true grit and determination. Unfortunately, time, patience and another change of race location got the better of Ella and Chloe and they didn't compete in the board rescue event, after a long day.

U14 WRAP by Matt Rowe

At branch water carnival, Laura Townsend, Amelie Heard and Marcus Rowe proudly represented the U14 Queensie nippers' group. The surf was large enough to float Noah's Ark!

They should be proud, not only were they competing against the best athletes from the 21 clubs that make up Sydney Northern Beaches Branch, conditions were very, very tough.

Laura and Marcus got an early warm up, getting a run in the All Age Relay teams. Bringing their respective relay teams' home.

Amazingly this was Amelie's first water carnival on a racing Mal, and wow, was it a Baptism of Fire! To her credit she wasn't intimidated by the monstrous waves.... well maybe a little. I was... and I was standing on the beach. However, she gallantly went all the way out and all the way in again. Great work Amelie!

All that board training paid off for Laura and Marcus, both had great board races. They worked very hard in trying conditions, paddled well, and caught ripper waves to the beach! Sadly, the medals were just out of reach.

Thanks Laura and Marcus for also being the U14 reps in the all age at the branch beach carnival—you are two incredible athletes...

Finally, Alex Gee and Amilie Heard represented Queensie in R and R – 4th

TRAINING NEXT WEEK

Water/ board training as usual

- Tuesday and Friday 4.30 pm with Chris A
- Sunday 7.45 am with Tim and Frankie
- ON Sun 24th – board training with Tim will be a warm up for club champs 8 til 8.30.

Sand training with Brian Dolly Thurs 21st 5.30pm. PLEASE ALL AGE RELAY TEAM – [Jake, Eli, Luana, Cooper, Charlotte, Marcus) -- make an effort to be there- as well as anyone competing on the beach / sprints or flags. Last training before state. Brian is an awesome trainer and is giving up his time to train you. We only had 4 come yesterday (well done Jake, Ally, Ella and Ashe)—so please make the effort next week—we will follow up with email as well.

Brian has said likely only one all age team can be entered at state – so for the rest, still important to come for your beach relay teams in your age group.

STATE BRIEFING—Friday 22nd Feb from 6.30

Please join us at the club for the state briefing Friday 22nd Feb. BYO BBQ and bar will be open.

That's all for now—thanks for your contributions.

BOATS NEWSLETTER..

Want all your Boaties News click on links below;

[Volume 6](#)

[Volume 5](#)

[Volume 4](#)

[Volume 3](#)

GENERAL CLUB INFORMATION..

Member Injuries

Have you been injured while participating in a surf lifesaving or surf sports activity? The Branch Duty Officer must be notified. He or she will also advise you whether iCare must be notified. The Branch Duty Officer can be contacted via our 24/7 phone number on 0417 962 330. More detailed information can be found [here](#).

Timetable State Championships

The draft timetables for the **2019 SLSNSW State Championships** are now available on the [Championship website](#). Information here includes entry circular and other key documents

For more surf sports news and information, visit the [Surf Sports News](#) web page.

CLOTHING SHOP!!

The Clothing shop is open on Sundays during Nippers. Need some gear we have Queensie hoodies, towels, hooded towels, zipped white shirts, swimming costumes, backpacks.

Don't forget you can get your Sunscreen from the Shop as well.