



## Newsletter W/C 11th March 2019



### **Patrols this weekend:**

**Saturday 16 March Morning – Patrol 2 Afternoon – Patrol 3**  
**Sunday 17 March Morning – Patrol 4 Afternoon - Patrol 1**

### **What's happening;**

**Sunday 17 March - Swim for Saxon 10AM**

**Monday 25 March - Peter Daley Tertiary Scholarship applications due (please see below for details)**

**Sunday 31 March - Last Day of Nippers**

**Friday 5th April 6PM - First Friday Drinks (all welcome)**

**Saturday 11th May - Presentation Dinner (more details to follow)**

### **GO TEAM Q**

### **SWIM FOR SAXON SWIMMERS SALE**

We have over 100 pieces of high quality "Budgie Smuggler" brand, blue costumes with "SWIM for SAXON" logo on them;

Girls & Ladies 2 X piece sets from \$15 > \$30

Boy's & Mens racing bathers from \$10 > \$20

Sizes limited on sale this Sunday from 8am in the clothing shop

**Congratulations to DD and the U19s female Queensie Crew. GOLD at NSW State Titles 2019**



**CLUB OFFICE..**

**Sunday 17th March join us for a Club Swim in memory of Saxon.**

**Please gather at Queensie Beach, 10AM for a 10:30AM start followed by a Barry Rogers!**



**"Col Rae"**

Col Rae's family would like to advise Col's ashes will be scattered at Bungan Beach on 17 March at 1pm and invites you to join them to celebrate his life and his extraordinary contribution to Surf Life Saving throughout his life."

***PHOTOS NEEDED FOR ANNUAL REPORT***

Photos for Annual Report Needed please send through to Carla in the office [admin@queenscliffslsc.org.au](mailto:admin@queenscliffslsc.org.au) or put on USB, with your name so I can get it back to you, drop in dropbox at the top of stairs in the Surf Club. I still need some great shots for front cover of Annual Report. Please send all images in the highest resolution possible.

Thank you

***PRESIDENT REPORT..***

Congratulations to all those competitors, officials, work party and supporters who travelled to Swansea Belmont for the SLS State Championships in the last two weekends. There were some outstanding results which Carla has put on the website and reported in the newsletter as well. The host club did a great job in making us feel welcome. It is a huge undertaking to host the state carnival.

We had a significant medical emergency last Sunday which required the assistance of our patrol members. Mikey has covered off on this in his report. Put simply, an unbelievable effort was achieved by young patrollers Nick Townsend, Mac House, James Nemeč along with patrol captain Andrew Thomson-Ko and our amazing Kerry Seipelt. Sincere thanks and congratulations for an incredibly stressful situation.

We had a significant number of members recently complete a First Aid course, well done to all who completed this. Our first aid ranks have grown as a result which hopefully will be positive for future carnivals.

Our presentation night will take place on Saturday May 11th at Balgowlah RSL, keep the date free for an great evening of camaraderie. More details to follow as the night is organised.

Last night SLS Branch held a meeting for all northern beaches club Presidents to meet the new CEO of the Northern Beaches Council, Mr Ray Brownlee. Ray outlined his vision for how Council will interact, contribute and help our surf clubs. We are extremely confident that our relationship with Council will continue to strengthen. He emphasised the significant role our clubs play in the community and how he wishes to see that continue to evolve and grow.

This morning I met with Council regarding our new lease, along with all northern beaches club leases. It is a complex and convoluted process primarily to do with a council owned building on Crown Land, however progress is being made in what will be an historic lease arrangement for all surf clubs.

This Sunday promises to be a great day with our annual "Swim for Saxon" and many other club activities, along with some drone photography being taken for club use.

I hope to see you between the flags this Sunday.

Ken  
[kenprior910@gmail.com](mailto:kenprior910@gmail.com)

## ***CLUB CAPTAIN REPORT..***

It has been a busy couple of weekends with several rescues and first aids as well as plenty of preventions.

On Sunday 10th March we had a suspected spinal injury followed by a major first aid incident. The morning patrol were alerted by a member of the public that a local person in a nearby unit block was unconscious and required CPR. Five members of our club attended with the defib and oxy. They performed CPR and used the defib until paramedics arrived, continuing to work on the patient as a team with lifeguards and paramedics. Thankfully the patient left the scene breathing and stable. Well done to Andrew Thomson-Ko, Kerry Seipelt, Mac House, Nick Townsend and James Nemeč for your outstanding performance on this incident, the club is very proud of you.

Also well done to Rob Owen from Patrol 3 for carrying out a board rescue in one of the Southern rips, good work!

Patrol person of the day:

Sunday 10th morning - Mac House, Nick Townsend, James Nemeć and Kerry Seipelt for rapid response to unconscious patient and successful CPR  
Sunday 10th afternoon - Paul Birch fully committed several roves, good control of swimmers near flags  
Saturday 2nd morning - Robert Owen for the Board Rescue of three swimmers in Rip between QSLSC and North Steyne  
Saturday 2nd afternoon - Jess Way on the flags all patrol

Important note - If you are injured performing any volunteer SLS activity it is vital that you fill out an incident report and immediately contact the Branch Duty Officer. He or she will also advise you whether iCare must be notified. The Branch Duty Officer can be contacted via a 24/7 phone number on 0417 692 993.

Finally we have one last patrol inspection/ audit to take place this season so please double check equipment and uniforms, along with keeping up our high standards on patrol.

See you at the beach.

Mikey Studden  
Club Captain  
[clubcaptain@queenscliffslsc.org.au](mailto:clubcaptain@queenscliffslsc.org.au)



### Expression of Interest for upcoming 2019 courses:

- Advanced Resuscitation Techniques Certificate** - Application of oxygen, automated external defibrillator & airway management devices. Must hold one of the following awards - Bronze award, First Aid Cert, Resuscitation.
  - Provide First Aid** - Deliver & manage emergency first aid and care - Nationally recognised - Valid for 3 years
  - Crew Award - Crew** - Learn to crew an inflatable Rescue Boat (IRB) in surf operations. Minimum 15 years & Proficient in Bronze Award
  - Driver Award** - Learn to drive and manage an inflatable Rescue Boat (IRB) in surf operations. Minimum 16 years to commence training, 17 years on assessment & Proficient in Bronze & Crew Awards.
  - Spinal Management** - Manage injured casualties with suspected spinal injuries in an aquatic environment and in emergency situations. Minimum 15 years & must hold one of the following awards - Bronze award, First Aid Cert
  - Silver Medallion Beach Management** - Manage a beach and a team in emergency and non-emergency situations. Courses through Northern Beaches Branch
  - Silver Medallion Aquatic Rescue** - Courses through Northern Beaches Branch
  - Gold Medallion** - Courses through Northern Beaches Branch
- Further information on all awards can be found by visiting Queenscliff website & SLSNSW  
If you are interested in putting your name down for any of the above courses or require further information, please contact:  
CTO Kerry Seipelt: [chief.instructor@queenscliffslsc.org.au](mailto:chief.instructor@queenscliffslsc.org.au) m:0403327878



## Queensie State Results ...

Congratulations to all our Amazing competitors some fantastic results and a great time had by all. Thank you to all our Officials, First Aid volunteers and Water Safety without you Queensie would not be able to compete.

[CLICK HERE FOR ALL THE RESULTS.](#)



**NIPPERS...**

## Queensie nippers state carnival wrap

The Queensie state nipper team competed in true Queensie spirit. Regardless of place, they tried their hardest, came in smiling, supported each other and often congratulated their fellow competitors. Team Q should be enormously proud of their achievements.

We had around 50 nippers competing in total. In the water, for the first time in many years we had full swim and board relay teams in U9, U11, U12, and U13 with water competitors also in U10 and U14. Most made it through to the quarter finals, several to semi-finals and /or missed out by 1-2 places for the finals in challenging conditions. There were some truly courageous (gutsy!!) efforts. Such an amazing effort and this attests to the water coaching done by Chris, Tim and Frankie.

In the sand, our sprinters were awesome. Notable results were: Cooper Elkins GOLD U12 flags and sprint, U12 male beach relay bronze, U11 (Luana da Rocha) – flag and sprint finalist. U 11 R and R competitors (Milla Graham- Smith and Bronte Sholl) 5<sup>th</sup>.

Our Junior March past team also did us proud, and the all age sprint relay made it through to the semi-finals in a very competitive field.

Mostly our parent participation in IRB, water safety, officials and team and age managers was outstanding. When age managers were on water safety, parents stepped up to organise teams -they were: IRB Kerry Seipelt, Scott Walker, WATER SAFETY: James Fewtrell, Rob Silver, Olivia Hibbitt, David Heard, Matt Rowe, Matt Gee, Brad Mergl, Trudy Rebbeck, Andrew Townsend, Chris Shaw & Paul Sholl. OFFICIALS: Jason Boyd, Honnie Bustos TEAM MANAGERS: Andrew Townsend, Trudy Rebbeck, Gaz Farrer and Rob Silver. AGE MANAGERS: U9 Rob Silver and Gus Seebeck, U10 Olivia Hibbitt, Jason Boyd and Gavin Mork, U11 Paul Sholl, Brad Mergl and Catriona Ormond, U12 Marcus Bolton, Shona and Anthony Rose , U13 Rob Graham-Smith and Heath Petersen, U14 Matt Rowe and Matt Gee.

HUGE thanks also to the following people:

- Shona ROSE for all her help in organising state kits and the awesome sat pm dinner
- Gaz Farrer for instigating the inaugural fishing competition
- Col White for quietly encouraging our team and parents and being there for R and R March past and team dinner
- All our trainers, Chris Allum, Tim Hayes, Frankie McGrath and Rubin, for increasing the confidence and competence of our kids.

Super proud of our Team Q

Report by competition/team managers: Andrew Townsend, Trudy Rebbeck, Gaz Farrar.

## Age Manager Reports

### Under 9 – Rob Silver

It was great to see so many U9s hitting the State championships for the first time with 6 boys and 2 girls all competing.

It's an amazing spectacle with tents, people and competition areas stretching as far as the eye can see.

The competition itself had some great highlights with both successes and some heartbreaks - overall it was a great learning and motivating experience for all involved.

On Friday Hanna and Jake hit the beach flags but unfortunately got knocked out fairly early in the rounds.

Mac kicked off the water by making the **individual swim finals!** with Tom, Ethan, Will and Jake in the boys also getting around the swim course heats and Jessie in the girls.

Later in the day Ethan, Will and Luke hit the board relays getting off to a great start all putting in great performances to come **third in their heat** and make the finals!

In the finals the competition was on with neighbours Nth Steyne and Manly also through - unfortunately they got the better of us this time but we still came in a very respectable **7th place overall** for a first State board relay.

On Saturday Jessie kicked off the individual board races with a bang by getting **first place in her heat!** She then went on through the quarter finals to make the **semi finals** in tough conditions with some solid waves coming through.

Meanwhile on the beach Hanna and Jake had a crack at the sprints with Hanna making it through to the semi finals in a tough field - **missing out on a finals berth by one place!**

The boys individual boards kicked off with Mac and Tom starting out by getting through their first round heats to the **quarter finals!** Ethan was putting in a stellar effort when a dredging wave nailed him and his board went flying (5 pushups Tim!). Even after swimming in to retrieve his board he only just missed out on getting through. Unfortunately usually reliable Luke started the day with a nose dripping like a tap and some grazes on his leg from a bike tumble the night before which slowed him down and he didn't make it through. Will who was our best result last carnival also bowed out in the boards with some tough waves and traffic on the outbound trip. With it down to Tom and Mac - Tom bowed out in the quarters but Mac showed massive heart with an exciting sprint at the finish to pip one of the Nth Steyne boys to a **semi finals** berth! Mac was on the brand new board donated recently donated by the ladies swim club and christened it in style to get his best carnival result of the season!

Luke retired sick for the day but Will, Ethan, Tom and Mac carried on with a very credible performance in the swim team event coming in the top half of the field and they didn't stop there, with Jake, Will, Mac and Ethan having a good crack at the sprint relay just missing out on getting through to the next round.

The stamina and determination of this under 9 group is amazing - they love competing and

having a go at everything they can and with a bit more experience its inevitable it's going to start to translate into great results in the future! In the meantime at the camping ground they all had a ball fishing, skateboarding, riding bikes and messing about in the water after each days competition, making it a great experience overall and something they'll be looking forward to next year!

Congratulations U9s on a great first State Carnival outing and ***a big thanks to all the many people involved in preparation and support both before and during this event!***

## Under 10 – Olivia Hibbitt, Jason Boyd & Gavin Mork

The U10s had a record number of participants in our age group with seven nippers representing Queensie:

- Eli – the rocket – Mork
- Finlay – the flyer – Forbes
- Wil – the missile – Smith
- Connor – “those guys take no prisoners” – Hibbitt –Boyd (direct quote after flags!)
- Aly – the flash – Rounsley
- Kate – whizz kid – Fewtrell
- Niamh – the pocket rocket – Hibbitt-Boyd.

The waves were a bit fierce for the U10s to brave the water events, but they did Queensie proud on the sand against very tough competition. Eli came 9<sup>th</sup> in flags after representing the U10s in the all age relay. Finlay made it through about seven rounds and did the dive of the season leaping over another competitor to grab the flag. Aly made it through four rounds of flags and our branch U10 sprint champ just missed out on the sprint final by an absolute whisker. The mixed relay team (Aly, Kate, Finlay and Eli) ran an amazing race to come second in their heat but were very unlucky with a disqualification. Connor and Niamh represented the club in the Junior march past. Bring on next year and the U11s!

## Under 11 – Brad Mergl & Paul Scholl

The U11s had some good solid results at State. Luana Da Rocha comes up for a notable mention with a 5<sup>th</sup> place in the Flags Final and an 8<sup>th</sup> place in the Sprint Final. Luana also participated in the All Age Relay where they made it through to the semi-finals. Bronte Sholl and Milla Graham-Smith also achieved a 5<sup>th</sup> in State with a wonderful performance in the finals of the Girls R&R. In the Boys events, Ashe Seipelt-Walker was a stand-out, getting through to the semi-finals in both the Individual Board and Individual Sprint races, and competing in all but one of the boys events (and only because of a timetabling clash). The Boys Board Relay team (Sam Prelc, Guy Ormond, Ashe Seipelt-Walker) achieved a respectable 9<sup>th</sup> place in the quarter finals, just missing out on the semis, and the Cameron Team (Ella Seebeck, Ashe Sepielt-Walker, Guy Ormond, Sam Prelc, Milla Graham-Smith, Grace Kirby, Gemima Hugman, Gabe Lucas) all performed admirably in the biggest sets of the day and a very tricky shore dump. We certainly look forward to building on these results next season, and to having more of our U11s compete at Branch and State comp as they gain confidence/skills.

Other honourable mentions include the Girls' Swim team (Ella Seebeck, Grace Kirby, Milla Graham-Smith, Gemima Hugman) with Ella and Grace never having competed previously in a beach swim event. This event was also preceded by Milla and Ella turning up completely

out-of-breath after Milla ran straight from another event at the other end of the beach, and Ella coming straight from competing in the U12s sprint relay. Gabe Lucas also stepped up, and competed for the U12 Boys in their Board Relay. Bronte Scholl also deserves a special mention for going in her first board race, and managing to not get smashed in difficult conditions. Hopefully we'll see more of Gabe and Bronte next season!

On the social side, the U11's had a fantastic time at State. Our numbers doubled from last year, and it was wonderful getting to know more families, and to see how well all the kids played together. Hopefully we can double the numbers again next year. The more the merrier I say! Be sure to book your spot early (like now!).

Unfortunately the U11s didn't perform so well in the fishing comp (the "real" competition according to some!). This was despite their eagerness and "secret" fishing tips from the friendly local "camp inebriated soul". Congrats to Team Galby, but we'll be giving Alby a run for his money next year. That said, Sam and Guy in a combined effort managed to snag a toad fish, "... but it got through the holes in the net". So it must have been huge! The "one that got away" hey boys!. Gus Seebeck (Ella's dad) set the benchmark early for the U11s, catching a large blue swimmer crab, but he must have released it in a fit of pity as I didn't see it on the dinner plate later. All in all, a wonderful weekend away with a great group of parents and kids! Planning is already under way for next year with everyone re-booking their campsite, and we look forward to another memorable weekend and a bigger group of U11s attending as the word spreads as to how much fun it is.

Finally, none of this would be possible without a very big thank you to the board trainers - Chris Allum, Tim Hayes, Trudy Rebbeck, and Frankie for helping the kids develop the skills and confidence to compete and perform in tricky surf conditions. And a big thanks of course to the dads who do Water Safety for the training sessions (some of whom are still terrified with anything over 0.5 metres). And not forgetting the sand, thank you to Reuben for the sprint training and the finer points of running on that blasted sandy stuff that gets in your cossies when swimming. Final thanks to "Saint Joe" for the mess tent/BBQ setup, Catriona for "camp security", Andrew Townsend/ Trudy Rebbeck/Garry Farrer/ Shona Rose for "behind the scenes stuff", and a very big thank you to anyone else I may and most probably have missed.

## Under 12 – Marcus Bolton & Matt Rowe

Well the U12's were the most populated group to attend the 2019 Nippers State Championships, so we knew with our spirited crew there would be some great results! And the team didn't disappoint!

All of the Boys who attended ran in a variety of Beach & Water Activities.

These included the Beach Sprints & Relay. Which we are very proud to say Cooper Elkins held his record from State last year to bag a GOLD in both the 100m sprint and Flags. 1st in the state for both events, what a superstar he is!!

Also, the U12 Beach Relay was a team of Alex, Cooper, Leo & Zack which also took home an incredibly respectable BRONZE Medal for the Club! This added to a SILVER at branch has quite a bit of metal in the cupboard for this marvelous team. A stellar effort from the boys! So Congratulations to the 4 of you!

The water kids, courageous as ever in ever-changing conditions that kept them waiting in the sun for hours. Toby came 11th in his board heat after a tough start, joined the boy's



Board Team with Reid and Will. Raffy put in a super effort for the swim - he is increasing his place every time he gets in the water and we look forward to watching him progress. Reid fought for 5th in the board heat, then paddled his way to 10th in the quarter-final missing next round by 2.

Will and Hamish had a difficult task getting out in the boards as the sets just rolled on in. But they just never give up! A gallant show of sportsmanship from Hamish as he shook his opponent's hand after battling with him at the back of the pack in the swim.

Bronte had that brilliant smile on display again. This time she was delighted that she had increased her placing this year "At State!" she cried!!!

Huge shout out to Will, Reid and Toby - who made the semi's in the Board Finals only to wait around for 16 hrs to have it cancelled due to conditions.

And a personal note from Matt & I, to what I felt, we must have been the proudest Age Manager & Dad's on the beach in the performances of the whole team for what they have achieved!

Hats off to you for the patience and understanding you displayed, and Gold goes to the parents and siblings who also had to endure the wait!

Spirit of Queensie just grows and grows with this lot!!! Bring on 2020 I say!!

## Under 13 – Rob Graham-Smith & Health Petersen

On Day 1 Charlotte joined the rest of the beach competitors for the all age relay. Then the 13s all female team of four faced tough conditions toward the Northern end of the beach for water events. Facing some big sets rolling in, the girls showed great spirit, competing in individual surf swim (Chloe, Charlotte, Ella) and individual boards (Chloe, Charlotte) – with finishes in the middle of the pack. Jasmine and Ella chose to do flags at the expense of the board races. Like most events, it was a long and very hot wait in the sun before heats got underway. Unfortunately both girls drew tough heats with no chance of advancing further. However the officials were smiling in Jasmine's first heat when 5 out of the 8 girls lining up were called Jasmine!

On Day 2, with the heat really turning up on the sand, probably the highlight of the carnival for the 13s was the team of all four choosing to hit the water and compete together in the surf swim relay. They showed awesome team spirit and put in a great effort – no finals spots, but great bonds built competing as a team of four in the event for the first time all season.

On Day 3 Chloe rounded out the long weekend by competing in the march past team. It was a fantastic weekend, and great to get a group of four of the 13s to State. It sounds like they are all keen for a repeat again in 2020, their last year as the biggest nippers in the club!

## **PETER DALEY TERTIARY SCHOLARSHIP APPLICATIONS**

The "Peter Daley" Tertiary Scholarships is proudly sponsored by Cunninghams Property and Queenscliff Surf Lifesaving Club.

Application for the "Peter Daley" Tertiary Scholarships from Active Club members who are enrolled in 2019 in Tertiary education are now open.

Please send your application to [admin@queenscliffslsc.org.au](mailto:admin@queenscliffslsc.org.au) and advise on what and where you are studying, current results to date, your commitment to Queenscliff SLSC please include your future plans for your membership as well as your patrol details etc, how long you have been a member, what your interests in Queensie are and/or your competition and training history if applicable and any awards you may have.

Please note - open only to members who have not previously received a Tertiary Scholarship.

Applications will close on **Monday 25 March 2019**. Once all applications have been received the Tertiary Scholarship review panel will review the applications for the Scholarship and members who are selected will be advised regarding interview times

### **Member Injuries**

Have you been injured while participating in a surf lifesaving or surf sports activity? The Branch Duty Officer must be notified. He or she will also advise you whether iCare must be notified. The Branch Duty Officer can be contacted via our 24/7 phone number on 0417 962 330. More detailed information can be found [here](#).

## **BOATS NEWSLETTER..**

Want all your Boaties News click on links below;

[Volume 8](#)

[Volume 7](#)

[Volume 6](#)

[Volume 5](#)

[Volume 4](#)

[Volume 3](#)

Congratulations to all our Boat Crews up at Swansea well done. Special mention to the Rockets, DD and his girls taking Gold in the U19 Female Boats and also to the Mouldy Muffins for Silver medal in the 220 Yrs Masters Boats.



The NBWS receives very little government support and relies heavily on the community to keep its operations going. We'd love to see our Queensie friends at the event!

[\*\*Click here to book your tickets and support a amazing organisation.\*\*](#)

## ***CLOTHING SHOP!!***

***The Clothing shop is open on Sundays during Nippers. Need some gear we have Queensie hoodies, towels, hooded towels, zipped white shirts, swimming costumes, backpacks.***

***Don't forget you can get your Sunscreen from the Shop as well.***