



Newsletter w/c 14th September 2015

Cunninghams



MEMBERSHIPS ARE NOW DUE....

Please print out Membership renewal forms and drop them in at the club with your payment or do it online.

<http://www.queensie.com/page/224/SLSA-Members-Portal-for-Queensie-Members>

For those who have registered through the SLSA Portal you can now link all family members to the o logon.

http://www.queensie.com/uploaded_files/media/1441160835fan_groups Iso_user_guide_for_members_v3.pdf

We have great News our Clothing Shop is online as well, you can order, pay and pick up at the Rego days or on a Sunday morning at Nippers. Just go to <https://www.school24.com.au/qsc/welcome.aspx> Register, shop and pick up.

MEMBERS PLEASE MAKE SURE YOU LIKE OUR QUEENSCLIFF SURF LIFE SAVING CLUB FACEBOOK PAGE SO YOU CAN STAY UP To DATE WITH ALL OUR NEWS.

<https://www.facebook.com/pages/Queenscliff-Surf-Life-Saving-Club/260331320652094?ref=ts&fref=ts>

BOARD TRAINING U14 and U15 and up

U14 & U15 Long Board Skills training – Next session: Saturday, 19 September at 3pm at Queensie.

See you on the beach!! Please contact either Tim Hayes (aquaticdrive.tim@gmail.com) or Liz Osborne (lizoborne@optusnet.com.au) if you have any questions about the sessions.



Another Daley....

Congratulations to DD, Leathy and Audrey. Welcome to Austin Peter Daley As DD advised he is a Ranga. We look forward to another Daley down on the beach, another Queensie competitor in the making.



Dates to Remember:

Surf Life Saving Patrols start 19 September 2015

Nippers Start Sunday 11th October 2015

The Paul Hammond Nipper Beach Carnival 1st November 7am

Swim For Saxon Sunday 20th December

Queensie Nipper Carnival Sunday 6th December

PAUL HAMMOND NIPPER BEACH ONLY CARNIVAL

U9 - 14s - all entries are \$20.00

Events are:

1km run

Beach Sprint

Beach Flags

Mixed Beach Relay (min 2 boys)

All Age Relay (unlimited teams)

Medals for ALL competitors placing 1st, 2nd and 3rd in Finals





Sunday Surf Races begin this **Sunday 20th September** at **10:30 am**. Come down and join your fellow swimmers.

NIPPERS 2015/16

We are getting underway with preparations for the upcoming nipper season which will commence **Sunday 11th October** at **8:45am**. Come along and get involved with the club – we are always looking for new faces and fresh ideas for the nipper group. For enquiries please contact Kate Perrett on kate.perrett@gmail.com

MEMBERSHIP FEES ARE NOW DUE, YOU WOULD HAVE RECEIVED YOUR EMAIL SO PLEASE PAY YOUR FEES PROMPTLY. IF YOU HAVE NOT RECEIVED A EMAIL FROM US PLEASE CONTACT CARLA ON admin@queenscliffslsc.org.au

MEMBERS ONLY SECTION ON OUR WEB PAGE:

To obtain access to the Members Only Section you will need to register through the top right button on the home page on www.queensie.com

EDUCATION TRAINING PROGRAM.

SRC AND BRONZE MEDALLION INFORMATION SESSION

SUNDAY 27TH SEPTEMBER AT 11:00 AM

An information session for candidates who wish to obtain their Surf Life Saving Certificate or their Bronze Medallion will be held at Queenscliff SLSC on Sunday 27th September at 11:00 am.

At the meeting we will explain the training timetable and you will meet the trainers.

For those who are unfamiliar with the courses it will take approximately 7-8 weeks of training, usually one night a week and then one session on either a Saturday or Sunday. You will be formally assessed on both the theory and the practical aspects of the course.

Surf Rescue Certificate (SRC) - Age of 13 to 15.



The SRC award is an introductory to surf life saving for teenagers from the age of 13 to 15. A prerequisite before candidates can start any training in the Surf is the ability to complete a pool swim of 200m within 5 minutes.

Must be at least 13 years old and financial members of the Club.

Bronze Medallion

The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations. This is the core award to be a surf lifesaver in Australia.

A prerequisite before candidates can start any training in the Surf is the ability to complete a pool swim of 400m within 9 minutes.

Must be at least 15 years old and financial members of the Club.

If you are interested in joining the squad or have friends who also wish to participate meet on Sunday 27th September 2015 at the clubhouse.

If you have any queries please contact:

Garry Fox, Chief Instructor, Queenscliff Surf Life Saving Club

garry.fox@qenos.com 0412 146 493 or Carla Thornton Admin Assistant,
Queenscliff Surf Life Saving Club, admin@queenscliffslsc.org.au 9977 2326

SILVER MEDALLION BASIC BEACH MANAGEMENT

A Silver Medallion Basic Beach Management course is commencing on Saturday 14th Nov 2015. It runs over two sessions.

This course is focused on developing your skills, knowledge and experience required to manage a beach and a team in emergency and non-emergency situations. The course is aimed at people wishing to be Patrol Captains, Lifeguards and Lifeguard Supervisors.

The training times and dates are:

- Saturday 14th Nov 2015 9am Silver Medallion Basic Beach Management--Session 1
- Tuesday 24th Nov 2015 9am Silver Medallion Basic Beach Management--Session

If you are interested in attending please contact Garry Fox
garry.fox@qenos.com m 0412 146 493 or "Carla Thornton"
admin@queenscliffslsc.org.au p 02 9977 2326



GOLD MEDALLION INFORMATION SESSION

If you are interested in attaining a Gold Medallion there is an information session to be held on Saturday 10th October 2015 at North Narrabeen.

This course is one of the highest awards in surf lifesaving. It requires a high level of fitness. There are currently 2 or 3 candidates who are interested in achieving this award, so it would be an ideal time for you to form a squad and work together

If you are interested in attending please contact Garry Fox garry.fox@qenos.com m 0412 146 493 or "Carla Thornton" <admin@queenscliffslsc.org.au> p 02 9977 2326

NOMINATION FOR LIFE MEMBERSHIP OF SURF LIFE SAVING NEW SOUTH WALES

SLSNSW is seeking nominations for members to be recommended for Life Membership of SLSNSW.

To be considered for Life Membership, a nominee must have rendered distinguished voluntary service to SLSNSW for a period of at least 20 years; For service to be considered as distinguished, it must be sustained and a conspicuous contribution.

Nominations are to be forwarded via Branch for endorsement by **Wednesday 30 September**

Successful Nominations will be announced at the SLSNSW Annual General Meeting, to be held Friday, 13th November 2015.

If you would like to nominate someone, please contact admin@queenscliffslsc.org.au for the nomination form.

2015 GOLF DAY ANNOUNCEMENT

Planning has commenced for the 2015 Golf Day which will be held on 20 November 2015 at Long Reef Golf Club.

The Committee's initial task is to secure sponsors for each of the 18 holes on the course. We are looking to get at least two hole sponsors through the members and their contacts from each of the main divisions in the Club: *Nippers; Cadets; Patrols; Open Beach competitors; Open water competitors; IRB competitors; Surfboat rowers; Masters beach competitors; Masters water competitors; and the General and Associate Members.*

Hole sponsorship involves the donation of \$1500 which will be so receipted.

As a major supporter of our Club, each Hole Sponsor receives a number of corporate acknowledgements and promotional benefits at the event and afterwards. We list these



on the poster – *and the benefits don't stop there.* Additionally, we invite our Hole Sponsors, as our guests, to field a foursome in the golf day and we supply them with two carts.

It is always a fantastic day.

After teams complete their golf we then move into the magnificent Long Reef club house to enjoy a memorable awards luncheon and auction. This event is widely known for the quality golfing prizes awarded to the first six places in the four-ball Ambrose style competition. We are exceedingly grateful to all the generous Golf Club, Golfing Professionals and business houses who continue to support Queenscliff SLSC and make available these prize vouchers.

This event has become a major source of fundraising for our surf lifesaving club. As you'd be aware, being a voluntary, unfunded organisation and a registered charity, Queenscliff SLSC must raise money for equipment and to enable continuation of all of the Clubs activities, the two most important being the provision of trained surf life saver patrols for the community from late September to late April each surf season and the personal and skills development of 800+ young people from 6 year olds through to young adults, every year.

We need all members to talk about our golf day and the quest for hole sponsors with work colleagues, corporate friends and family.

The Golf Day Committee looks forward to hearing back from you about potential Hole Sponsors so that we may plan this event with confidence of success. If you'd like a formal letter of approach from the Club, just call me. My mobile is: 0411 464 260.

Alan Butler
Golf Day Committee

CALL FOR HOLE SPONSORS

12TH ANNUAL

CHARITY GOLF DAY

Friday 20th November 2015
Long Reef Golf Club

Breakfast at the Club
On-course refreshments & rolls
Prizes: Top 6 teams, Nearest the Pin, Longest Drive
Prize for best team outfit
19th hole refreshments & Presentation lunch
Mega Auction & Raffle opportunities

ADDED BENEFITS FOR HOLE SPONSORS
Advertising on Hole & signage on course
Included team of 4 with 2 carts & 25 raffle tickets

FOLLOW-ON BENEFITS FOR HOLE SPONSORS
Club e-newsletter acknowledgement to 1800 members & families
Major donor list in Annual Report
Support of volunteers, developing youth & serving the community
Potential acknowledgement of QSLSC support on your corporate media and website productions

HOLE SPONSOR
\$1500

PLEASE CONTACT
Alan Butler 0411 464 260
butler@acvm.com.au
Ray Williams 0417 213 426
willo1804@gmail.com





SNB GOLF DAY

All Queensie Club members are invited to the Surf Life Saving Sydney Northern Beaches Annual Golf Day at Bayview Golf Club on Friday 18th September 2015. The day is held to financially assist our representatives who are contesting the New South Wales SLS Interbranch Championships on 12th & 13th December 2015 at Cape Hawke. Registration is \$100 per person and includes breakfast from 7am, a steak and salad lunch, and of course the green fees.

The event is a drop out Ambrose with an 8am shotgun start. [Booking Form](#)

- **QUEENSLIFF AMATEUR SWIMMING CLUB**

First Registration Day 10th
October (9-10:30am)

Swimming begins 17th October 8.45am



We are a small family oriented club that hosts swim races in the Queenscliff Beach rock pool on Saturday mornings from 8.45 to 11.00

Register in the clubhouse at the rock pool on the 10th of October (registrations are accepted throughout the season).

Cost - \$40 per swimmer-no pool entry cost

Season - 3rd Saturday in October through last Saturday in March

Races - different strokes and distances each week and if the water looks good we finish with an ocean swim

Ages - from under 5's to Veterans

Presentation night at end of season

No need to cook breakfast when you get home, we have bacon and egg, sausage and steak sandwiches on the hotplate.

Quotes from members..

"It's a great way to start the weekend, we have a bit of fun and keep fit, by mid morning Saturday you have had some exercise and it's not over the hottest part of the day" - Paul Oates

"Our girls do a few races and then often go surfing afterwards - what a way to start the weekend" - Todd Maloney