



September Training Courses

Spinal Management Course

A number of Spinal management courses are planned for September at various locations. The training time, dates and venues are as follows:

- Saturday 22 September 2018 10 am to 12:30 pm
- Venue: Freshwater
- **or**
- Sunday 23 September 2018 10 am to 12:30 pm
- Venue: North Narrabeen
- **or**
- Sunday 23 September 2018 10 am to 12:30 pm
- Venue: Bilgola

Further information on this award can be found [here](#).

If you are interested in attending please contact :

CTO Kerry Seipelt: chief.instructor@queenscliffslsc.org.au m:0403327878

Silver Medallion Basic Beach Management

A Silver Medallion Basic Beach Management course is being held on Saturday 2 September 2018 at Newport SLSC and another on Sunday 16 September at Mona Vale SLSC

This course is focused on developing your skills, knowledge and experience required to manage a beach and a team in emergency and non-emergency situations. The course is aimed at people wishing to be Patrol Captains, Lifeguards and Lifeguard Supervisors.

The training times and dates are as follows:

- Saturday 2 September 2018 9am to 5:00 pm
- Venue: Newport.
- **or**
- Sunday 16 September 9am to 5:00 pm
- Venue: Mona Vale

Further information on this award can be found [here](#).

If you are interested in attending please contact :

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Silver Medallion Aquatic Rescue

Branch has scheduled the next Silver Medallion Aquatic Rescue (SMAR) course, to be held in September this year. Bookings are now open but will close August. Candidate bookings will be confirmed once bookings have closed.

ALL sessions must be attended, including the pre-course swim which will most likely be conducted at Warringah Aquatic Centre. Candidates will also be asked to demonstrate their ability to duck-dive down to a depth of approx. 4 metres (the bottom of the dive pool) once they have completed the pre-course swim.

Course dates and times are as follows:

- Session 1 Sunday 23rd September 8.30am - 4.30pm
- Session 2 Monday 24 September 6.30pm - 9pm
- Venue: Mona Vale SLSC

Candidates must meet ALL of the following conditions:

- be at least 16 years of age
- hold and be proficient in the SLSA Bronze Medallion and hold the Certificate II in Public Safety (Aquatic Rescue)
- complete a 400 m swim in 8 minutes or less (this is the pre-course swim) and the first 50m should be completed in 45 seconds or less

Please make sure you meet the above conditions AND are available for each session before booking them in.

Further information on this award can be downloaded [here](#).

If you are interested in attending please contact :

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